

2025 Women's Training

Training is open to all women and will consist of 1 weekly supervised practice session each week with the option of 7 individual lesson scheduled at your discretion.

Group practices will consist of completing custom made drills and challenges designed to identify areas of strength and needed improvement. In addition, participants will learn how to practice properly when on their own.

Utilizing data from practices and playing rounds, individual lessons will address current skill deficits.

Elite Training will run every Tuesday 5:30-7:00 pm beginning May 27th and culminate on July 15th

Training Levels

<u>Level 1-</u>	7 Practice Sessions only (90 min each)	\$350.00
<u>Level 2-</u>	7 Practice Sessions and 7 Individual Lessons	\$1050.00

****Single individual lessons can be added at a cost of \$120 per hour****

To register contact Matt Jones, Director of Instruction, by email at mjones@bullvalleygolfclub.com or phone 847-722-6069. When registering, please indicate training level.